

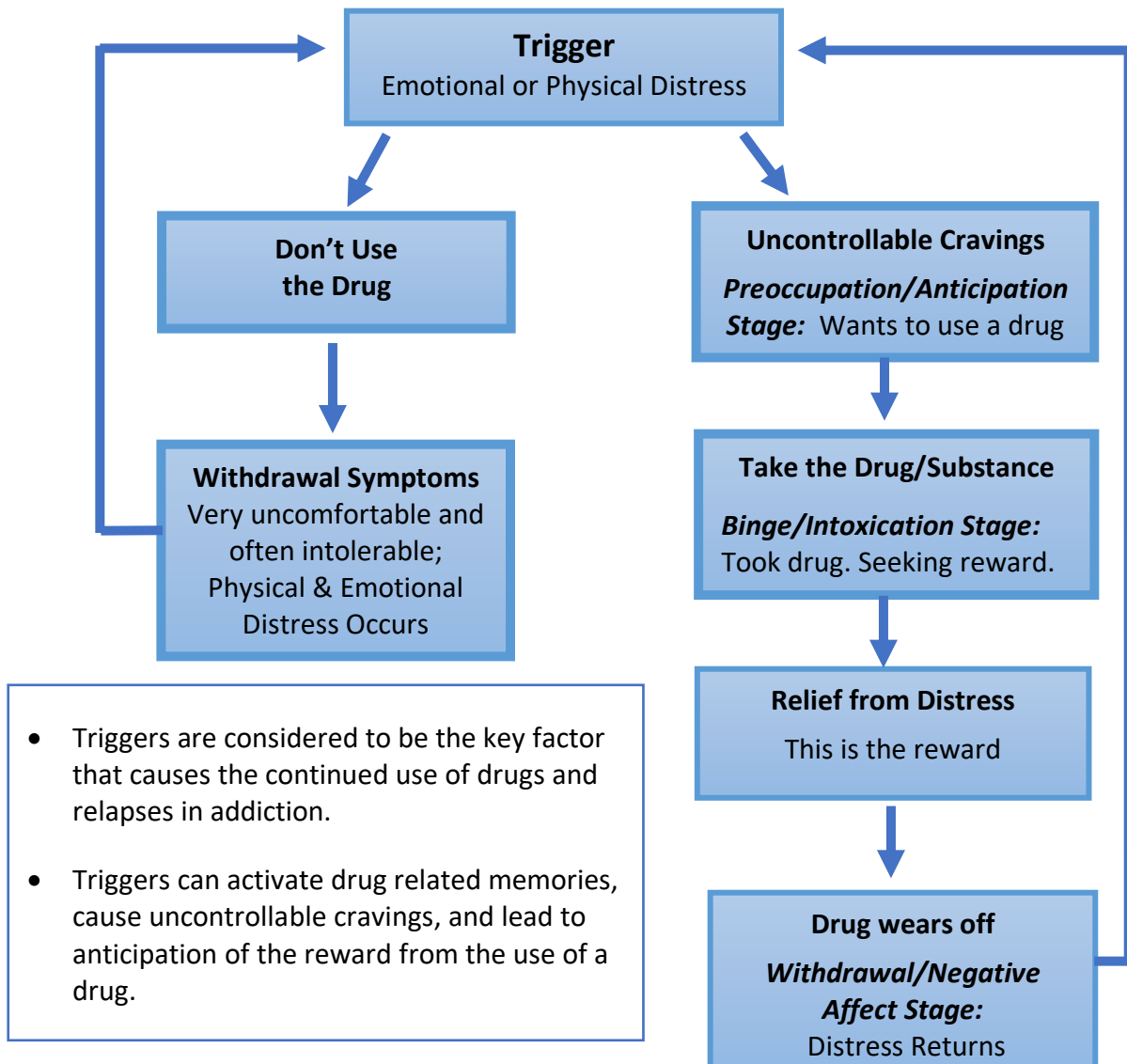


The Realities of Drug Addiction

The Vicious Cycle of Drug Addiction

Drug addiction is a vicious cycle of chronic uncontrolled drug use. Emotional and physical distress are often the key triggers that drive the addiction cycle.

The Cycle of Addiction:



What Are Some Common Triggers:

A trigger is anything that causes a person to use a drug/substance.

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|--------------|------------------------|--|
| * Depression | * Frustration | * Chronic pain |
| * Anxiety | * Loneliness/Isolation | * Relationship issues (family/friends) |
| * ADHD | * Boredom | * Parties/Bars/Clubs/Hangouts |
| * Stress | * Fatigue | * Being with people who use drugs |
| * Anger | * Chronic Illness | * Keeping in contact with drug dealers |

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